# Thomas Curtis Namey, M.D., FACP, FACR, FABS

## Current vitae:

## Personal:

Married to Anne Sexton. Four Children: Tom, 25; Carolyn, 23; Anna & Julia, 14. Hobbies: Hiking & Climbing; Mountain Biking; Pistol Shooting; Computers

## Academic Positions: University of Tennessee, Knoxville

Professor of Medicine (tenured) Professor of Exercise Science Professor of Nutrition Formerly, Associate Director, The Nutrition Institute, University of Tennessee

## Adminstrative Positions: Univ. of Tennessee Graduate School of Medicine, Knoxville

Chief, Section of Sports Medicine & Preventative Medicine 1988- 2003 Director, Sports Med. Program, Univ. of Tenn. Graduate School of Med., 1989- 2003 Chief, Rheumatology, University of Tennessee Medical Center, 1988-1996

## **Education:**

Valedictorian, Farrell Senior High School, Farrell, PA ,1966
B.A. Summa Cum Laude, Thiel College, Greenville, PA 1969 -Chemistry & Physics
M.D. Washington University School of Medicine, St. Louis, 1973 (Research Honors)
Residency in Internal Medicine, McGill University & Montreal General Hospital,
1973-1975 (Osler Medalist for Outstanding Resident in Medicine)
Combined Fellowship in Clinical Immunology & Rheumatology and Nuclear
Medicine, Medical University of South Carolina 1975-76
NIH Postdoctoral Fellow in Rheumatology & Nuclear Medicine, Univ. of Alabama
1976-1978
National Arthritis Foundation Research Fellow 1977-1980

## **Editorial Positions:**

Associate Editor, The Back Letter (Lippincott, Williams & Wilkins) 1992-present Editorial Advisor, Occupational Health & Safety (Stevens Publishing) 1980-91 Editorial Advisor, Advanced Clinical Updates (American Health Consultants) 1978-96 Editorial Advisor, Emergency Medicine Reports (American Health Consultants) 1981-98
Editorial Advisor, Your Patient & Fitness (McGraw-Hill Publishing)
Editorial Advisor, CME- TV, Inside Edge Communications
Co-Editor, Annals of Sports Medicine (Raven Press) 1989-1992
Guest Editor, <u>Clinics in Rheumatic Diseases</u> (W.B. Saunders), Nov-Dec., 1991

#### Honors:

Asst. Med. Director, United States Powerlifting Assoc. 1980-1993 Treasurer, American Academy of Sports Physicians, 1990-2000 President, American College of Sports Physicians, 1996-2000 Chairman, Board of Examiners for "Special Competency Examination in Sports Medicine," American Academy of Sports Physicians (1985-1993) Program Director, The National Sports Medicine Conference (1991-1996) Program Director, The National Conference on Obesity, 1997-2001 Board of Directors, American Back Society (1986-2004) Distinguished Achievement Award, American Back Society, (1991) London Award for Teaching Excellence, Univ. of Tennessee Med. Ctr., 1990 Lawrence Memorial Lecture, New York Society of Cardiology 1988 "Exercise & Cardiovascular Disease" National Merit Scholar (1966) Eagle Scout (1962) Danforth Foundation Fellowship, Washington Univ. Med. School, 1969-73 Pharmaceutical Manufacturers Association Fellowship (1970) Society of Nuclear Medicine (1978) 1st Prize, Scientific Exhibit 1978 Fellow, American College of Physicians (FACP) 1980 Fellow, American Back Society (FABS) 1985 Fellow (Founding), American College of Rheumatology 1987 Fellow, American Academy of Sports Physicians (FAASP) 1986 Fellow, American Society of Clinical Nutrition Elected Member, Orthopaedic Research Society 1978 Elected Member, American Roentgen Ray Society 1978 Elected Member, New York Academy of Sciences 1979 Named to "America's Top Physicians" by the Consumer Research Council of America

#### **Former Positions:**

Assistant Professor of Medicine & Radiology, Louisiana State Univ. 1978-80

Assoc. Director, NIH Arthritis Center, LSUMC 1978-80 Associate Professor of Medicine & Radiology, Medical College of Ohio, 1980-88 Chief, Section of Rheumatology, Medical College of Ohio 1980-88 Chief, Sports Medicine, Henry Morse Physical Health Research Center, Medical College of Ohio 1982-88

#### Other:

2 books. Editor or Author.
7 book chapters.
39 scientific articles.
54 presentations at society meetings.
1200 lectures (invited) US/Canada/Europe 1978-2005

#### **Research Interests:**

Back pain and spondylitis Rheumatic Disease in men and hypogonadism Syndrome "X" Obesity and hypogonadism Sjogren's Syndrome Testosterone Zinc Deficiency DHEA Exercise and Aging Low Carbohydrate Diets