

Thomas Curtis Namey, M.D., FACP, FACR, FABS

Current vitae:

Personal:

Married to Anne Sexton. Four Children: Tom, 25; Carolyn, 23; Anna & Julia, 14.
Hobbies: Hiking & Climbing; Mountain Biking; Pistol Shooting; Computers

Academic Positions: University of Tennessee, Knoxville

Professor of Medicine (tenured)

Professor of Exercise Science

Professor of Nutrition

Formerly, Associate Director, The Nutrition Institute, University of Tennessee

Administrative Positions: Univ. of Tennessee Graduate School of Medicine, Knoxville

Chief, Section of Sports Medicine & Preventative Medicine 1988- 2003

Director, Sports Med. Program, Univ. of Tenn. Graduate School of Med., 1989- 2003

Chief, Rheumatology, University of Tennessee Medical Center, 1988-1996

Education:

Valedictorian, Farrell Senior High School, Farrell, PA ,1966

B.A. Summa Cum Laude, Thiel College, Greenville, PA 1969 -Chemistry & Physics

M.D. Washington University School of Medicine, St. Louis, 1973 (Research Honors)

Residency in Internal Medicine, McGill University & Montreal General Hospital,
1973-1975 (Osler Medalist for Outstanding Resident in Medicine)

Combined Fellowship in Clinical Immunology & Rheumatology and Nuclear
Medicine, Medical University of South Carolina 1975-76

NIH Postdoctoral Fellow in Rheumatology & Nuclear Medicine, Univ. of Alabama
1976-1978

National Arthritis Foundation Research Fellow 1977-1980

Editorial Positions:

Associate Editor, The Back Letter (Lippincott, Williams & Wilkins) 1992-present

Editorial Advisor, Occupational Health & Safety (Stevens Publishing) 1980-91

Editorial Advisor, Advanced Clinical Updates (American Health Consultants) 1978-96

Editorial Advisor, Emergency Medicine Reports (American Health Consultants) 1981-98
Editorial Advisor, Your Patient & Fitness (McGraw-Hill Publishing)
Editorial Advisor, CME- TV, Inside Edge Communications
Co-Editor, Annals of Sports Medicine (Raven Press) 1989-1992
Guest Editor, Clinics in Rheumatic Diseases (W.B. Saunders), Nov-Dec., 1991

Honors:

Asst. Med. Director, United States Powerlifting Assoc. 1980-1993
Treasurer, American Academy of Sports Physicians, 1990-2000
President, American College of Sports Physicians, 1996-2000
Chairman, Board of Examiners for "Special Competency Examination in Sports Medicine," American Academy of Sports Physicians (1985-1993)
Program Director, The National Sports Medicine Conference (1991-1996)
Program Director, The National Conference on Obesity, 1997-2001
Board of Directors, American Back Society (1986-2004)
Distinguished Achievement Award, American Back Society, (1991)
London Award for Teaching Excellence, Univ. of Tennessee Med. Ctr., 1990
Lawrence Memorial Lecture, New York Society of Cardiology 1988
"Exercise & Cardiovascular Disease"
National Merit Scholar (1966)
Eagle Scout (1962)
Danforth Foundation Fellowship, Washington Univ. Med. School, 1969-73
Pharmaceutical Manufacturers Association Fellowship (1970)
Society of Nuclear Medicine (1978) 1st Prize, Scientific Exhibit 1978
Fellow, American College of Physicians (FACP) 1980
Fellow, American Back Society (FABS) 1985
Fellow (Founding), American College of Rheumatology 1987
Fellow, American Academy of Sports Physicians (FAASP) 1986
Fellow, American Society of Clinical Nutrition
Elected Member, Orthopaedic Research Society 1978
Elected Member, American Roentgen Ray Society 1978
Elected Member, New York Academy of Sciences 1979
Named to "America's Top Physicians" by the Consumer Research Council of America

Former Positions:

Assistant Professor of Medicine & Radiology, Louisiana State Univ. 1978-80

Assoc. Director, NIH Arthritis Center, LSUMC 1978-80
Associate Professor of Medicine & Radiology, Medical College of Ohio, 1980-88
Chief, Section of Rheumatology, Medical College of Ohio 1980-88
Chief, Sports Medicine, Henry Morse Physical Health Research Center, Medical College of Ohio 1982-88

Other:

2 books. Editor or Author.

7 book chapters.

39 scientific articles.

54 presentations at society meetings.

1200 lectures (invited) US/Canada/Europe 1978-2005

Research Interests:

Back pain and spondylitis

Rheumatic Disease in men and hypogonadism

Syndrome "X"

Obesity and hypogonadism

Sjogren's Syndrome

Testosterone

Zinc Deficiency

DHEA

Exercise and Aging

Low Carbohydrate Diets